

Workgroup contact: Norbert Topf, MD, PhD

Question or request:

Standardized treatment guidelines for COVID-19 + patients.

Recommendation/s in bullet form:

- We recommend that the guidelines provided by the Society for Critical Care Medicine and the Infectious Disease Society of America be used at acute care facilities providing care for COVID-19+ patients throughout the State.
- These guidelines have been heavily vetted by experts throughout the country and are consistently updated to match the latest evidence.

Assessment:

The guidelines and evidence for treating COVID-19+ are constantly changing. Developing guidelines for the treatment of COVID-19+ requires tremendous effort to review the existing evidence base, and continuously update the guidelines. The Clinical Care – Critical Care Subgroup is recommending that clinicians follow the SCCM and IDSA guidelines, which are developed by a team of established and well-respected scientists and clinicians and continuously updated to reflect the latest evidence in lieu of developing separate, New Mexico specific, guidelines.

Red flags and concerns:

- The SCCM and IDSA are consistently updating their treatment guidelines.
- It is important that providers throughout the State continue to reference the latest copies of these guidelines when treating patients.

Contributors:

- Paul Campbell, MD
- Martin Miller, MD
- Amy Tixier, RRT-NPS

There was full consensus among the group.

Resources/Reference:

- ¹ Society of Critical Care Medicine Surviving Sepsis Campaign Guidelines on the Management of Critically Ill Adults with Coronavirus Disease 2019 (COVID-19) <https://www.sccm.org/SurvivingSepsisCampaign/Guidelines/COVID-19>
- ² Infectious Diseases Society of America Guidelines on the Treatment and Management of Patients with COVID-19 <https://www.idsociety.org/practice-guideline/covid-19-guideline-treatment-and-management/>