COVID-19 Script (personalize for your community)

The threat of COVID-19 is very real. To protect our children, our elders, and our entire community, we must take care of one another.

Every single person must take it seriously.

How can you help to slow and stop the spread of COVID-19?

The only way to stay healthy and strong… is to do these four things:

1. **We must practice Social Distancing**: Stay 6 feet apart from other people. Wearing a face cover is not a substitute for social distancing.
2. **While it is hard, it is important to stay in your home**. Avoid having people come over to your house or visiting others.
3. **We must sanitize our hands** and not touch our faces (nose, mouth, eyes).
4. **We must sanitize all surfaces.** Anything that has been touched—from door knobs, to countertops, groceries, keys and cell phones—must be disinfected often.

Every time we leave our home, we are putting ourselves, our families, and our community at risk.

We are one community here at (Name of Pueblo, Tribe, Nation). We must stand together to stop the spread of COVID-19.