Yesterday's case update

POSITIVES:
1,753 new cases – another record high
60,776 total cases as of Thursday

DECEASED:
18 deaths reported,
1,176 total deaths as of Thursday

HOSPITALIZATIONS:
471 as of Thursday, 67 on ventilators

13,170 additional tests announced Thursday,
1,330,403 total tests conducted statewide as of Thursday
We are at the breaking point

- COVID-19 hospitalizations have risen at least 214% over the last month.

- New Mexico recorded 182 COVID-19 deaths over the last two weeks. The two weeks prior, the state recorded 75. That’s an increase of 143%.

- We face a life-or-death situation, and we must and will act to preserve the lives of New Mexicans.
New Mexico must reset in battle against COVID-19

• Beginning Monday, for two weeks, New Mexico will re-enact the most heightened level of statewide public health restrictions.

• New Mexicans are instructed to shelter in place.
  ○ You should stay at home except for only the most essential trips – for health, safety and welfare
  ○ This can include groceries, water, emergency medical care, a flu shot or a COVID-19 test.

• All non-essential businesses and nonprofits must cease in-person activities.

• Essential businesses may operate if they reduce their operations and in-person workforce to the greatest possible extent.
New Mexico must reset in battle against COVID-19

Starting Monday, Nov. 16 through Monday, Nov. 30:

- **Essential businesses** include grocery stores, pharmacies, gas stations, shelters, child care facilities and some essential retail. A full list is available at cv.nmhealth.org. These **may operate in a limited fashion** – reduced operations and reduced in-person workforce.

- **Non-essential entities** include close-contact businesses (like barbershops, salons, gyms), close-contact recreational facilities (movie theaters, casinos, bars) and outdoor recreational facilities (golf courses, tennis courts, state parks). These must **reduce in-person workforce and activities by 100%**.
New Mexico must reset in battle against COVID-19

Starting Monday, Nov. 16 through Monday, Nov. 30:

- Houses of worship may operate at either 25% of maximum occupancy or 75 persons at any one time, whichever is smaller.

- Essential retail spaces (like hardware stores, automobile and bike repair facilities, laundromats, grocery stores, convenience stores, food banks and “big-box” retail spaces) may operate with either 25% of maximum occupancy or no more than 75 customers in the store at one time, whichever is smaller.

- Food and drink establishments may provide curbside pickup and delivery; on-site dining is prohibited.
New Mexico must reset in battle against COVID-19

- We know two weeks of dramatically limited activity and travel can effectively blunt the spread of the virus.

- After Nov. 30, the state will implement a three-tier county-by-county system using county-level public health data to establish “re-opening” benchmarks for each county. State health officials and modeling advisors have been readying the system.

  - **Sample Level 1:** Low positivity rates and average daily case counts allow for expanded economic footprint, in-person activities
  - **Sample Level 2:** Borderline positivity rates and average daily case counts require some public health restrictions
  - **Sample Level 3:** Widespread infection and illness requires onerous public health restrictions on in-person activity

- This would permit counties the flexibility to engage in more in-person and business activities with Department of Health approval when they are able to drive down infection rates and prevent community outbreaks. **Our future depends on how well we can suppress the virus during these two weeks.**
What you can do to help New Mexico!

- These steps are difficult but necessary to blunt the spike of serious COVID-19 infections statewide. We face an alarming situation – but there are steps all of us can take.

- **Stay at home.** If you don’t have to go out, don’t. You must stay home if you are sick.

- Wear a mask wherever you go, if you must go out. Make sure the mask covers your nose and mouth.

- Wash and/or sanitize your hands frequently.

- **Don’t congregate with other people, especially people you don’t live with.**
Key state resources

- State health information hotline: 1-855-600-3453
- COVID-19 testing information: cv.nmhealth.org or togethernm.org
- Mental health assistance: 1-855-NMCRISIS (1-855-662-7474) or nmcrisisline.com
- Health insurance assistance: 1-833-415-0566
- Unemployment assistance: jobs.state.nm.us
- Apply online for Medical Assistance (Medicaid), Food Assistance (SNAP), Cash Assistance (TANF) and Energy Assistance (LIHEAP) at: www.yes.state.nm.us
- If you are in need of emergency medical assistance, do not call the state health information hotline – call 9-1-1
- Visit cv.nmhealth.org and newmexico.gov for other information and updates
NEW MEXICAN UNDERGOES DOUBLE LUNG TRANSPLANT AFTER BATTLE WITH COVID-19

- New Mexico COVID-19 survivor, who admits to not taking the virus seriously at first, continues to make progress.

- "I was one of those people that was kind of shying off the COVID thing, saying it was nothing big, like any other virus, it's going to go away," said Arthur Sanchez, who recently underwent a double lung transplant in Phoenix.

- "It is scary," Sanchez said. "I would probably compare it to being underwater too long, and not being able to come up for air." He was on “lung bypass” for > 90 days.

- He was transported to Phoenix for a double lung transplant. Doctors said it was the only option to save his life.

- “You just never know how this virus is going to affect you,” he said. “I’m a prime reason to not take this thing too lightly. You have to take care of your family because you just don’t know how it’s going to affect you.”

Intended for outpatient treatment of recently diagnosed mild to moderate COVID-19 in patients 12+ years old who have risk factors for progressing to severe COVID-19 and/or hospitalization.

Bamlanivimab may be effective in reducing severity of symptoms and may reduce risk of hospitalization.

In preliminary analysis risk of hospitalization or emergency room visits was 1.6% (5/309) compared to 6.3% (9/156) in placebo-treated patients.

In those 65+ or with a Body Mass Index (BMI) 35+, risk was 4.2% in bamlanivimab-treated subjects versus 14.6% in placebo.

NM will receive an initial 750 doses. We are meeting next week with leaders from Lilly, the manufacturer.
MOBILITY NETWORK MODELS OF COVID-19 EXPLAIN INEQUITIES AND INFORM REOPENING

Predicted increase in infections from reopening different establishments on May 1, 2020

COVID-19 Safe Practices: Avoid the “Three Cs”

- Closed spaces with poor ventilation
- Close contact settings such as close-range conversations
- Crowded places with many people nearby

Full-service restaurants
Fitness centers
Cafes & snack bars
Hotels & motels
Limited-service restaurants
Religious organizations
Offices of physicians
Grocery stores
Used merchandise stores
Pet stores
Sporting goods stores
Other general stores
Hobby & toy stores
Hardware stores
Automotive parts stores
Department stores
Gas station
Pharmacies & Drug stores
Convenience stores
New car dealers

Additional infections (per 100k), compared to not reopening
There is a 6-day lag in case reporting.
Investing for tomorrow, delivering today.

NM COVID-19 DAILY CASE RATES PER 100,000 BY AGE GROUP

Source: NM Department of Health. Excludes individuals in federal immigration (ICE) facilities, individuals determined to live out of state, and 16 individuals missing age information. November 10, 2020
Daily number of reported hospitalized cases and percentage requiring ventilator

Source: NM Department of Health. November 12, 2020
GATING CRITERIA UPDATE


<table>
<thead>
<tr>
<th>Criterion</th>
<th>Measure</th>
<th>Gating Target</th>
<th>Current Status</th>
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<tbody>
<tr>
<td>Spread of COVID-19</td>
<td>Rate of COVID-19 Transmission (10-day Rolling Average)</td>
<td>1.05 or less</td>
<td>1.23 on 11/12/20</td>
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<td></td>
<td>NM daily cases (7-day rolling average)</td>
<td>168</td>
<td>1,191 on 11/7/20</td>
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<tr>
<td>Testing Capacity: general and targeted</td>
<td>Number of tests per day (7-day rolling average)</td>
<td>5,000 / day</td>
<td>10,620 on 11/11/20</td>
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<td>populations*</td>
<td>Test Positivity Rate (7-day rolling average)</td>
<td>5.0% or less</td>
<td>12.19% on 11/11/20</td>
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<td>Time from positive test result to:</td>
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<tr>
<td></td>
<td>- isolation recommendation for case</td>
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<td>- quarantine rec. for case contacts</td>
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<td>24 hrs</td>
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<td>36 hrs</td>
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<td>Statewide Health Care System Capacity</td>
<td>Availability of scarce resources in 7 Hub Hospitals:</td>
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<tr>
<td></td>
<td>- Adult ICU beds occupied</td>
<td>290/439 or less</td>
<td>304 on 11/13/20</td>
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<td>- PPE</td>
<td>7-day supply</td>
<td>7 on 11/12/20</td>
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**ALL 4 CRITERIA DRIVEN BY SOCIAL DISTANCING BEHAVIORS OF NEW MEXICANS**
WE MUST DOUBLE DOWN...

Nothing about the virus has changed!

- The rise in cases is due to the significant increase in human to human contact.
- This is threatening our ability to provide healthcare for all New Mexicans as early as next week.
- We ALL have to recommit to fighting the virus for another year.

CASES ARE RISING TOO QUICKLY. CONTACT TRACING EFFECTIVENESS HAS DECLINED. WE ALL STILL MUST FIGHT THE VIRUS.

STAY AT HOME. RETHINK YOUR HOLIDAY PLANS.
Wash hands, clean surfaces, cough into tissue/elbow. Everyone needs to wear face coverings in public.
Maintain social distancing (minimum 6 feet).
QUESTIONS

SECRETARY DAVID R. SCRASE, M.D.

INVESTING FOR TOMORROW, DELIVERING TODAY.