PLANNING FOR YOUR COVID-19 VACCINE

GET VACCINATED, EVEN IF YOU'VE HAD COVID

Because immunity decreases over time, it is still important to get vaccinated even if you were infected with COVID.

Vaccination after infection gives you more protection against getting reinfected or hospitalized.

IF YOU RECENTLY HAD COVID

People who have COVID can get the vaccine after they have recovered and have ended isolation. This includes people who received treatment for COVID.

If you were sick with COVID → **Wait until you have recovered and are out of isolation.** → **You can get a COVID vaccine**

You may consider waiting 3 months to get the vaccine. Studies have shown this may give a stronger immune response.

IF YOU ARE GETTING A FLU SHOT

You can get a COVID-19 vaccine and a flu vaccine at the same time.

To find a vaccine near you, visit vaccinenm.org or call the coronavirus hotline at 1-855-600-3453

NMDOH
NEW MEXICO DEPARTMENT OF HEALTH

Cv.nmhealth.org

- Newsroom and Updates
- COVID-19 Testing
- COVID-19 Treatment
- COVID-19 Vaccines
- Information for Providers
- Data on vaccination rates and cases of COVID-19 in New Mexico

Vaccinenm.org

- Schedule your COVID-19 vaccine online or on the phone.
- Schedule a COVID-19 vaccine for your child.
- View the COVID-19 vaccine event calendar.
- Download a parental consent form.
- Request a vaccination event to be held in your community.

Findatestnm.org

- Find testing options by your zip-code.
- Order free at-home COVID-19 tests to your home.
- Find a local pharmacy to purchase an at-home COVID-19 test.
- Find a location in your community to pick up a free at-home COVID-19 test.
- Find COVID-19 testing locations in New Mexico.

Findatreatmentnm.com

- Find doctors, medical providers, and pharmacies that can prescribe COVID treatment.
- Find healthcare locations with in-person and Telehealth options for COVID treatment.

Getthefacts.vaccinenm.org/chw

- Download COVID-19 information materials.
- See video recordings of COVID-19 updates by New Mexico Department of Health for Community Health Workers.
- View Community Health Worker training videos.
- Find links to information and COVID resources from the New Mexico Department of Health.

COVID.gov

- Find the online federal COVID-19 Toolkit.
- Get information on masks, testing, treatments, and vaccines.
- Find information on travel guidance.
- Find COVID-19 guidance by county.

For COVID-19 related questions, call 1-855-600-3453